



Check It Out



MAY 2017 · YOUR GUIDE TO THE
LAREDO REGIONAL CAMPUS LIBRARY

LIBRARY HOURS

MONDAY

9 AM–5 PM

TUESDAY

9 AM–5 PM

WEDNESDAY

9 AM–5 PM

THURSDAY

9 AM–5 PM

FRIDAY

8 AM–12 PM

SATURDAY

CLOSED

SUNDAY

UT Health Libraries Annual Report 2016



[Click here or the image above to access the UT Health San Antonio Libraries Annual Report 2016](#)

Know Stroke

May is Stroke Awareness Month. Each year in the United States, there are more than 800,000 strokes. Stroke is a leading cause of death in the country and causes more serious long-term disabilities than any other disease. Nearly three-quarters of all strokes occur in people over the age of 65 and the risk of having a stroke more than doubles each decade after the age of 55.

Know The Signs

Because stroke injures the brain, you may not realize that you are having a stroke. To a bystander, someone having a stroke may just look unaware or confused. Stroke victims have the best chance if someone around them recognizes the symptoms and acts quickly.



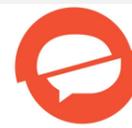
SUDDEN WEAKNESS
ON ONE SIDE



SUDDEN TROUBLE
WALKING



SUDDEN TROUBLE
SEEING



SUDDEN TROUBLE
SPEAKING



SUDDEN SEVERE
HEADACHE

Act in Time

Stroke is a medical emergency. Every minute counts when someone is having a stroke. The longer blood flow is cut off to the brain, the greater the damage. Immediate treatment can save people's lives and enhance their chances for successful recovery.

To test your stroke knowledge, click [here](#). To find more information about stroke, visit stroke.nih.gov.

library.uthscsa.edu

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*Please note that the library will be closed on Monday, May 29th in observance of Memorial Day.

*Please note that copying services are currently out of order. The library is in the process of acquiring new equipment. We apologize for the inconvenience. In the meantime, please keep in mind that print services are functioning and still available.

