



Check It Out

DECEMBER 2014 · YOUR GUIDE TO THE LAREDO
REGIONAL CAMPUS LIBRARY

LIBRARY HOURS

MONDAY

9 AM—5 PM

TUESDAY

9 AM—5 PM

WEDNESDAY

9 AM—5 PM

THURSDAY

9 AM—5 PM

FRIDAY

8 AM—12 PM

SATURDAY

CLOSED

SUNDAY

CLOSED

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*Please note that the library will be closed for the holidays from December 24th to the 26th but will be open December 29th, 30th, and 31st. On New Year's Day, the library will be closed.

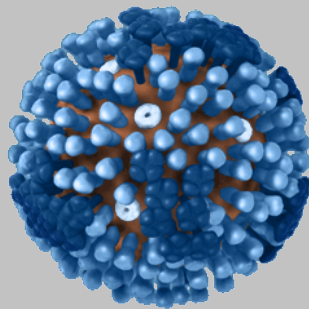
*Faculty, students, and staff are welcome to come by the library and pick up a free copy of the fall issue of the NIH *MedlinePlus* magazine.

It's Not Too Late to Vaccinate

Even though the holiday season has arrived, it is not too late to get your flu vaccine. A yearly flu vaccine is recommended for everyone 6 months and older. Vaccination is especially important for protecting those at high risk for serious flu complications, including:

- young children
- pregnant women
- adults 65 years and older
- anyone with chronic health conditions like asthma, diabetes, and heart disease

For more information read the [CDC's letter to the general population](#) and visit www.cdc.gov/flu.



**HAVE YOU GOTTEN
YOUR FLU VACCINE?**

**GET VACCINATED NOW!
IT'S NOT TOO LATE!**

**National Influenza
Vaccination Week**

December 7 - 13, 2014

www.cdc.gov/flu



November 15th ACA Enrollment at the Laredo Regional Campus

For the second time this year, the Laredo Regional Campus Library has hosted an Affordable Care Act (ACA) enrollment event for residents of Laredo and Webb County. The event was sponsored in collaboration between the UT Health Science Center Libraries, the 28th District Congressional Office of Representative Henry Cuellar, the Mid Rio Grande Valley (MRGV) Area Health Education Center (AHEC), and the South Texas Development Council. Other organizations belonging to the Enroll Webb County Coalition, and the Laredo Health Coalition also participated.

Congressman Cuellar, along with Laredo area hospital CEOs, was on site to promote the event through local TV and newspaper coverage. A number of area ACA Certified Application Counselors and Navigators provided counseling and enrollment assistance to over 50 registered families who attended the event from 10:00 a.m. to 4:00 p.m. MRGV AHEC students assisted attendees with setting up email accounts in preparation for ACA Enrollment.

