**Community Engagement Librarian Helps Teens Cook Healthy Meal**

In July, Liaison and Community Engagement Librarian Karen Barton from the Briscoe Library teamed up with Pruitt at Roosevelt H.S. Teen Librarian Rae Downen and Biology teacher Misty Belmontez to provide a cooking program as part of the weekly Teen Time program. The teens gathered vegetables from the school’s garden and decided to make Chicken Ratatouille with a side of quinoa. They also combined figs from Ms. Belmontez’s tree, vanilla ice cream, and other ingredients to make a tasty dessert. As the teens prepared the meal, they learned about National Library of Medicine (NLM) health information resources. They were very engaged and involved in the preparation of the meal and very much enjoyed the fruits of their labor.

* Karen Barton is a former San Antonio Public Library (SAPL) teen librarian. Pruitt at Roosevelt Library, a SAPL branch, was a partner in providing the UT Health San Antonio Youth Health Literacy Challenge, a project created by UT Health San Antonio Libraries and funded by the NLM.

**August is National Immunization Awareness Month**

* Sponsor: Centers for Disease Control and Prevention, National Center for Immunization and Respiratory Diseases

We all need shots (also called vaccinations or immunizations) to help protect us from serious disease. Shots can prevent serious diseases like the flu, measles, and pneumonia. It’s important to know which shots you need and when to get them. Everyone age 6 months and older needs to get a flu vaccine every year. Many shots work best when they are given at certain ages.

If you have a child age 6 or younger, find out which shots your child needs. For adults and teenagers, find out which shots you need here. Adults should check here for information on vaccination records. If you are pregnant, check out this important link on immunizations for pregnant women. Talk to your doctor or nurse to make sure that everyone in your family gets shots they need.

**Laredo Regional Campus Library Hosts High School Summer Fellowship Students**

For the third summer in a row, the Laredo Regional Campus Library has hosted Epidemiology and Public Health Research, a 4-week summer fellowship for Laredo area high school students. The fellowship is provided in cooperation between the Laredo Regional Campus Dr. Shenghui Wu (pictured far right) and Texas A&M International University (TAMIU) Texas Academy of International & STEM Studies. This year the program was attended by five area students. Students were able to use statistical software SAS for data analysis in the Library computer lab and three library books which have been added to the collection in support of the program.