



Check It Out



APRIL 2017 • YOUR GUIDE TO THE
LAREDO REGIONAL CAMPUS LIBRARY

LIBRARY HOURS

MONDAY

9 AM–5 PM

TUESDAY

9 AM–5 PM

WEDNESDAY

9 AM–5 PM

THURSDAY

9 AM–5 PM

FRIDAY

8 AM–12 PM

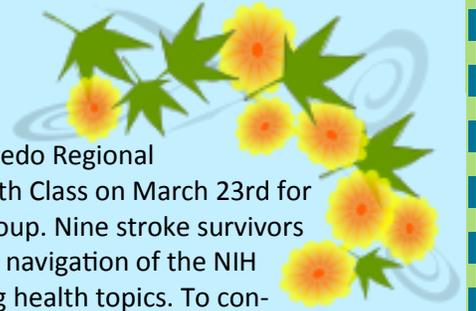
SATURDAY

CLOSED

SUNDAY

NIH Senior Health Class

Adapting resources from the National Institutes of Health (NIH) and the National Library of Medicine (NLM), Laredo Regional Campus Library staff held an Introduction to NIH Senior Health Class on March 23rd for stroke survivors affiliated with the Laredo Stroke Support Group. Nine stroke survivors attended the class, which focused on familiarizing users with navigation of the NIH Senior Health website as well as providing practice on finding health topics. To continue the stroke survivors on a path toward learning how to use a computer to find useful resources via the Internet, the Laredo Stroke Support Group will be using the Library computer lab to hold Life Skills Classes on a weekly basis through the month of April.



Lift Up 8 Lives

It's National Donate Life Month. One organ donor can save the lives of up to 8 people. Every day, lives are saved and improved by the gift of life, sight and health. Even though 130 million people in the U.S. have registered as donors, we all need to sign up. 118,083 people are waiting for an organ. Signing up to be an organ donor means that someday you could save lives as a donor—by leaving behind the gift of life. When you register, most states let you choose what organs and tissues you want to donate, and you can update your status at any time.

To register visit <https://www.organdonor.gov/register.html>.



One person can donate up to 8 lifesaving organs.



Heart



2 Lungs



Liver



Pancreas



2 Kidneys



Intestines

EYL

*Please note that copying services are currently out of order. The library is in the process of acquiring new equipment. We apologize for the inconvenience. In the meantime, please keep in mind that print services are functioning and still available.



New Dental Display

Everyone is welcome to come by the Library to check out a new display that features information about the Laredo Miles of Smiles Program and photos of the team in action. Miles of Smiles Laredo is a school-based oral disease prevention and health promotion program whose mission is to expand access to dental services and promote oral health for children in an effort to alleviate oral health inequities. Also on display is a book from our collection—*Promoting Children's Oral Health: Theory and Practice* by Aubrey Sheiham and Marcelo Bönecker and 7-part dental morphology model, each of which are available for checkout through the Laredo Regional Campus Library.



library.uthscsa.edu