



# Check It Out

APRIL 2016 · YOUR GUIDE TO THE LAREDO  
REGIONAL CAMPUS LIBRARY

## LIBRARY HOURS

MONDAY

9 AM—5 PM

TUESDAY

9 AM—5 PM

WEDNESDAY

9 AM—5 PM

THURSDAY

9 AM—5 PM

FRIDAY

8 AM—12 PM

SATURDAY

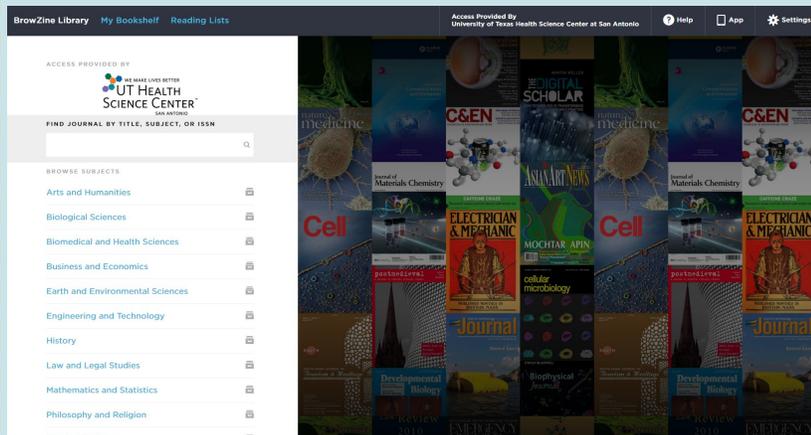
CLOSED

SUNDAY

CLOSED

## Browzine Now Available

BrowZine is a tool for reading e-journal issues on tablets, phones, and on the web. It consolidates journals from several publishers, allowing you to read and browse issues through a single Interface rather than looking up each journal individually. Follow the steps below for access:



Step 1: Install the app using [Android](#), [App Store](#), or open [BrowZine](#) in any web browser.

Step 2: Open BrowZine and select University of Texas Health Science Center at San Antonio as your library.

Step 3: Search journals, create a bookshelf, and set up reading lists.

If you have any questions, contact [Dana Whitmire](#), Electronic Resources/Serials Librarian.

## Every Community Deserves Good Health

### National Minority Health Month 2016

Did you know that your zip code can be a predictor of your health? So can your place of birth, where you work and play, your income and education, and a host of other factors – in addition to the choices you make each day about what to eat, when to work out and whether or not to see a doctor. These factors, recognized by public health professionals as “social determinants of health,” are linked to inequities in health and health care (health disparities) among racial and ethnic minorities in America.

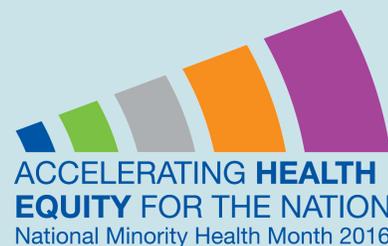
During National Minority Health Month each April, the U.S. Department of Health and Human Services (HHS) Office of Minority Health (OMH) leads the nation in raising awareness about health disparities, their causes and the impact they have on minority communities and on the nation as whole. The theme of this year’s National Minority Health Month observance – Accelerating Health Equity for the Nation – reflects both a sense of urgency and a sense of determination in moving the country forward toward achieving health equity.

### Take Action

Find out if you are eligible to enroll in the [Health Insurance Marketplace](#) during the Special Enrollment Period.

Learn how your health coverage can work for you. Visit [My Coverage, My Care](#) to access tools and resources. Connect with OMH on [Facebook](#), Twitter in [English](#) and in [Spanish](#), and [Instagram](#). Join the conversation on reducing health disparities.

Find information on your health condition on the [My Health Portal](#). Use this information to prepare for your next medical appointment.



## EYL

\* Please note that copying services are currently out of order. The library is in the process of acquiring new equipment. We apologize for the inconvenience. In the meantime, please keep in mind that print services are functioning and still available.

